



# LivingWell

HEALTH CLUBS

Personalised fitness for life

DAYS								
SUNDAY								
MONDAY			9:00-10:15 AM Yoga Asrat					
TUESDAY			9:00-10:15 AM Yoga Asrat					
WEDNESDAY			9:00-10:15 AM Yoga Asrat					
THURSDAY			9:00-10:15 AM Yoga Asrat					
FRIDAY			9:00-10:15 AM Yoga Asrat					
SATURDAY								

\*Valid from: May 25th 2021